

BOARD OF TRUSTEES  
SWEENY INDEPENDENT SCHOOL DISTRICT

DATE: November 13, 2012

SUBJECT: 2012-2013 School Health Advisory Council (SHAC)

BACKGROUND INFORMATION

Policy BDF (Legal) – School Health Advisory Council

The Board shall establish a local school health advisory council to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. The Board shall appoint at least five members to the council, a majority of which must be parents of students enrolled in the District and who are not employed by the District. The Board may also appoint one or more public school teachers, public school administrators, District students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of another group.

Policy EHAA (Legal) – The council's duties include recommending:

- 1) The number of hours of instruction to be provided in health education;
- 2) Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes through coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco.
- 3) Appropriate grade levels and methods of instruction for human sexuality instruction; and
- 4) Strategies for integrating the curriculum components specified by item 2, above, with the following elements in a coordinated school health program:
  - a. School health services;
  - b. Counseling and guidance services;
  - c. A safe and healthy school environment; and
  - d. School employee wellness.

*Education Code 28.004(c)*

The council shall consider and make policy recommendations to the District concerning the importance of daily recess for elementary school students. The council must consider research regarding unstructured and undirected play, academic and social development, and the health benefits of daily recess in making the recommendations. The council shall ensure that local community values are reflected in any policy recommendation made to the District concerning the importance of daily recess for elementary school students. *Education Code 28.004(l)*

## ITEM ADDRESSED

Potential members of the 2012-2013 Sweeny ISD School Health Advisory Council recommended to the SISD Board of Trustees for approval are:

### Voting Members:

#### Parents:

- Michelle Turbett
- Kelly Mayfield
- Robin Stroud
- Mary Engelhardt
- Kim Greenberg
- Melanie Woods
- Collin Snyder
- Stephanie Snyder

#### District Representatives:

- Donna Thompson, Administration
- Christy Koury, Food Services
- Becky Wojcik, School Nurse
- Kimberly Robbins, Health Education
- Loure Dews, Physical Education
- Renee Mitchell, Counseling

### Non-Voting Consultants to the Committee:

Randy Miksch  
Brian Brooks  
Michael Saul  
Michael Heinroth  
Lori Gaubatz  
Kim Koenig  
Brett Sawyer

## RECOMMENDED ACTION

Motion to appoint the representatives listed above as presented to serve as official voting members or consultants to the Student Health Advisory Committee for the 2012-2013 school year.