

Sweeny Independent School District
SHAC COMMITTEE MEETING

Minutes
Wednesday, December 5, 2012 at 4:30 pm

WELCOME AND INTRODUCTION OF NEW MEMBERS

Welcome and introductions were made around the room of SHAC Committee members for 2012-2013. All were thanked by Dr. Thompson, Assistant Superintendent for serving on the committee.

PURPOSE AND POLICY OF THE SHAC COMMITTEE

Members of the committee were given a handout of the purpose of a district SHAC committee and the policies that the committee adopts as part of its general overall function to improve overall health within the school district.

ELECTION OF CO-CHAIR AND SECRETARY

Michelle Turbett nominated Mary Englehart to serve as the Co-Chair of the SHAC committee. All voted unanimously in favor. Ms. Renee Mitchell volunteered to serve as the SHAC committee secretary for the 2012-2013 school year. Parents of the committee then drew numbers to determine how many years they would serve on the committee. Dr. Thompson recorded the results in her notes.

BYLAWS

A copy of a sample set of bylaws was reviewed briefly by the committee. All members were encouraged to read the bylaws more carefully before the next meeting in January to begin the process of adopting SISD SHAC bylaws.

REQUIREMENTS OF THE SHAC

The committee discussed at length the requirements of the SHAC committee including:

- Health education – including the number of hours, curriculum used & credit towards graduation
- Obesity and tobacco prevention curriculum
- Human sexuality instruction – including grade levels and methods of instruction. It was noted that instruction was removed from SISD 2 years ago and hasn't been replaced with any board approved curriculum. The high school teaches a semester health credit and offers human sexuality instruction in the Principals of Health Science class and the Anatomy & Physiology class.
- Coordinated school health programs
- PE requirements and time spent in PE were discussed between the 3 campuses.
- Parents discussed the need for daily recess for all students at the elementary
- Vending machine and food service guidelines – it was noted that the high school would benefit from having access to bottled water during lunches through a vending machine or sold by cafeteria staff.
- Tobacco use on school grounds and/or at school events
- Dating violence, Bullying, Safe schools survey and Fitnessgram were all touched on briefly

WELLNESS POLICY

A copy of the current wellness policy was given to all committee members and briefly reviewed. All members were encouraged to read the current policy to determine if any revisions or deletions were needed. This would be addressed at the next meeting.

SUICIDE PREVENTION TRAINING

Ideas discussed to comply with this part of the SHAC committee's responsibilities included possible training provided by 2 certified counselors from The Fountains. All agreed that training was needed with teachers to give them information on signs to look for in the classroom with students.

OPEN FORUM

Loure Dews stated the need for a "Good Touch/Bad Touch" program at the elementary school to teach young students the difference between appropriate "touch" with other students. All agreed this would be a beneficial lesson for elementary students.

NEXT MEETING

The next SHAC meeting is set for Wednesday, January 9, 2013, at 4:30 pm in the Administration Conference Room.

*Respectfully submitted by Renee' Foegelle-Mitchell
SHAC Secretary 2012-2013*