

School Health Advisory Council (SHAC)

Minutes 1-11-16

Members Present: Donna Thompson, Jake Joseph, Mark McDaniel, Kathy Wolford, Brandon Rupert, Jill Kacal

Guests Present: Mirna Sanchez, Michael Heinroth, Robert Morrison, Randy Miksch, Les Kluttz

Members Absent: Becky Wojcik, Lori Richard, Shanna Jones

The meeting was called to order at 4:05 by Jill Kacal. Dr. Thompson expressed appreciation for those who were present for the meeting.

Mrs. Kacal presented the Minutes for both the 9-14-15 and 11-16-15 meetings for review and approval. The Minutes for both meetings were approved by the members present.

Kathy Wolford provided an update on the Nutrition/Food Services Department. She reported that the Department would be partnering with the elementary campus to provide healthy snacks during their after-school tutorial and test preparation sessions. She also expressed appreciation to the schools for their adjusted schedule on the early-release day before Christmas. She said that offering the lunch periods early (before dismissal) as well as having hamburger lunches in sacks for easy pick-up by students worked very well, and that they were extremely pleased with the numbers of students eating in the cafeteria as compared to early-release dates in the past. It was noted that SISD will have another early-release date this Friday for the end of the Fall semester.

Dr. Thompson explained the Community and Student Engagement component of the state accountability system and relayed that one of the areas that would be rated was "Wellness and Physical Education." Since this area falls under the parameters of SHAC oversight, she inquired as to how the Council might ensure that stakeholders were informed about the positive things taking place in the District related to wellness and physical activity. The Council voiced many great ideas of ways to communicate to the community as well as receive feedback from stakeholders regarding Wellness and Physical Education. Some of the ideas voiced included:

- Student-created videos infomercials presented to community at open houses, at concessions stands during games, etc.
- Send "all calls" to parents about student-created videos and infomercials posted on the website
- Make infomercial-type announcements during halftimes at games, etc.
- Film classes during health, PE classes, etc. to use in student-created videos and infomercials
- Create a list of resources of healthcare-type services and distribute the lists to stakeholders
- Have MEHOP present some type of health-related education program for SISD community
- Host a mini-health fair in district either for students or for staff and community
- Host a mini-health fair either before school is out or right after school is out when faculty and staff are still on contract
- Attach information about SHAC and health-related topics to the online registration process at the beginning of school
- Attempt to involve area churches in the planning and implementation of SHAC-related events
- Communicate about SHAC and health-related topics during Texas Public School Week and during various "Open House"-type events
- Hold a "Health Week" (similar to Red Ribbon Week) sometime before school is dismissed for the year
- Explore possibility of hosting free/reduced cost dental service provider in the District
- Explore services for students needing eyeglasses from the Lion's Club
- Explore possible services available from the Communities in Schools organization

The Council agreed that a subcommittee be formed to explore these and other possibilities, possibly planning activities before school is dismissed for the year. An email will be sent out asking for volunteers for the subcommittee.

Mirna Sanchez, MEHOP Community Health Worker, shared a flyer and a promotional item (purse mirror) with those in attendance and offered the services of MEHOP to the SHAC.

With no additional topics for discussion brought forward, the SHAC dismissed at approximately 4:50 pm.